

# OCUREST/OCUREST-AH

## Composition

Each ml of **OCUREST Eye Drops** contains:

Phenylephrine hydrochloride	0.12% w/v
Naphazoline hydrochloride	0.05% w/v
Menthol	0.005% w/v
Camphor	0.01% w/v

## Composition

Each ml of **OCUREST-AH Eye Drops** contains:

Phenylephrine hydrochloride	0.12% w/v
Naphazoline hydrochloride	0.05% w/v
Chlorpheniramine maleate	0.1% w/v
Menthol	0.005% w/v
Camphor	0.01% w/v

## Pharmacology

**OCUREST/OCUREST-AH** contains a combination of a decongestant and a vasoconstrictor for the relief of ocular symptoms due to allergy and inflammation of a non-infectious origin. Phenylephrine causes decongestion in the eye by constricting blood vessels. It also enlarges the pupil and it reduces the amount of fluid in the eye by reducing the production and increasing the drainage.

Naphazoline constricts the vascular system of the conjunctiva. It is presumed this effect is due to direct action of the drug upon the  $\alpha$ -adrenergic receptors of the vascular smooth muscle. Its action is characterised by a long duration. Menthol and camphor provide cooling and soothing effect.

Chlorpheniramine maleate in **OCUREST-AH** binds to the H<sub>1</sub>-histamine receptors, thus blocks the actions of histamine. The antihistamine/decongestant combination in **OCUREST-AH** alleviates itching, hyperemia, chemosis, lid swelling and tearing.

## Indications

**OCUREST** is indicated for:

Temporary relief of the minor eye symptoms of itching and redness caused by dust, smoke, sun glare, ragweed, pollen, grass, animal hair and dander. Symptomatic relief to tearing, photophobia, redness, swelling, blepharospasm. Controlling hyperemia of the palpebral and bulbar conjunctiva resulting from bacterial, allergic and vernal conjunctivitis.

**OCUREST-AH** is indicated for:

- Temporary relief of discomfort and congestion occurring with minor eye irritation due to hayfever, dust, smoke, smog, colds, wind, sun, swimming.
- In allergic conjunctivitis, vernal conjunctivitis, phlyctenular conjunctivitis.
- Ocular itching, redness and tearing.

### **Contraindications**

The use of OCUREST/OCUREST-AH is contraindicated in patients with narrow angle glaucoma.

### **Precautions**

The use of **OCUREST/OCUREST-AH** should be with caution in patients with heart disease, hypertension or difficulty in urination due to enlargement of the prostate gland.

Prolonged use of decongestants is associated with rebound congestion.

The use of **OCUREST/OCUREST-AH** should be discontinued if patient experiences pain, changes in vision, continued redness or irritation, or if the condition worsens, or persists for more than 72 hours.

It is advisable not to drive, operate machinery or perform other hazardous activities when on treatment with **OCUREST/OCUREST-AH**.

### **Pregnancy & Lactation**

There are no well-controlled trials with **OCUREST/OCUREST-AH** in pregnant and lactating women. Therefore, **OCUREST/OCUREST-AH** should only be used if clearly indicated.

### **Drug Interactions**

Although, clinically significant drug-drug interactions between **OCUREST/OCUREST-AH** and systemically administered drugs are not expected but may occur when coadministered with monoamine oxidase inhibitors or beta blockers.

### **Adverse Reactions**

Prolonged use of decongestants may result in rebound congestion. Adverse reactions to **OCUREST/OCUREST-AH** are rare and may include tachycardia, hypertension, headache, blurred vision and flushed skin. Pupillary dilation with increased intra-ocular pressure and drowsiness may be experienced by some patients.

### **Dosage & Administration**

The usual recommended dose of **OCUREST/OCUREST-AH** is 1-2 drops *qid*.

### **Presentation**

**OCUREST** is available in a 10 ml lupolen vial

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